

Mobile-First Coach CORE Training Program

Cell-Ed Mobile-First Coach CORE Training Program is a nationally and internationally recognized coach certification program.

[Cell-Ed](#) is a pioneer in reaching and coaching vulnerable populations worldwide since 2014. Cell-Ed has been trusted by education providers, public agencies, and employers to offer 24/7 access to self-paced audio-text **micro-learning programs** and **live coaching**.



Training Overview

The 100% remote coaching training program verifies proficiency for applied practice for populations with resource constraints. **Cell-Ed Coach Certification Programs** are modularized and can be combined to reskill and upskill workers in a variety of jobs, especially those in support of vulnerable populations.

Coaching philosophy/model/approach

Cell-Ed Coach Training courses reflect best practices within the field of Behavioral Science founded in neuro and cognitive science research, adult learning, and public health.

Lead Instructor: Amy Davis-Bruner MEd, MCC

Mobile-First Coach CORE Training

Level of effort:

- Module prep work throughout
- Live virtual classes
- Learning cohort discussions
- Assignment submissions

- Final Exam (Pass 70%+)

CORE Coach Training Modules (60 hours for the following 6 modules)

1. Standards, Ethics & HIPAA Compliance Practices for Mobile Coaching
2. Client Partnership and Program Sponsoring
3. Developing a Coaching Mindset and Presence
4. Patient Partnering to create Safety, Trust & Deep Listening
5. Supporting client's to address inner challenges for deeper awareness and learning
6. Client Self-Efficacy and Motivation for Planning, Goal Setting, and Meaningful Action

Optional Coach Specializations (additional 15 hrs)

- **Health & Wellness Coach Training**
- **Community Health Coach Training**
- **Trauma-Informed Coach Training**
- **Pain Management**
- **Youth for Youth Coach Training**

Prerequisites For Enrollment

Participants must be a member of a Cell-Ed Partner Organization to enter the program. Training is available in partnership designated languages.

For Upcoming Dates and Locations please contact:

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